

**BYE-LAW 7**  
**ANTI DOPING POLICY**

**7. DOPING CONTROL**

- 7.1 The Association is opposed to the use of prohibited drugs in the game and will undertake whatever steps are necessary to ensure its members do not partake of any of the banned substances listed in the International Olympic Committees Medical Commission or the world Anti-Doping Agency (the WADA) United Kingdom Anti-Doping (UKAD) 2015 Code. Full Anti-Doping information is available on the Camanachd Association website [www.shinty.com](http://www.shinty.com) and from the head office. To this end, participants in the game may be subject to random testing.  
Doping is fundamentally contrary to the spirit of sport.  
The Camanachd Association supports anti-doping measures and adopts the UK Anti-Doping Rules published by UK Anti-Doping, as amended from time to time. The current version of the Anti-Doping Rules of the Association can be found on [www.shinty.com](http://www.shinty.com) and can be requested from the Camanachd Association Head Office.
- 7.2 The procedure shall have the power to carry out both In-Competition testing and No Advance Notice Out-of-Competition sample collection of those within the jurisdiction of the Association.
- 7.3 The method of testing will be by way of urine and or blood samples. While every effort will be made to maintain the player's privacy, the urine sample must be witnessed by a Doping Control Officer.
- 7.4 The banned use of drugs in sport are identified as being under four categories:
- Stimulants, e.g. Amphetamines
  - Narcotic analgesics (pain killers) e.g. morphine
  - Anabolic steroids to increase muscle and aggression
  - Tranquillisers and relaxants, e.g. beta-blockers and alcohol
- 7.5 It is each Athlete's personal duty to ensure that no Prohibited Substance enters his or her body. Athletes are responsible for any Prohibited Substance or its Metabolites or Markers found to be present in their Samples. Doctors are normally able to prescribe adequate medication not including prohibited drugs.
- 7.6 Any player evading sample collection, or without compelling justification, refusing or failing to submit to Sample collection after notification of Testing as authorised in the UK Anti-Doping Rules adopted by the Association will result in an anti-Doping Rule Violation.
- 7.7 The Anti-Doping Rules apply to all Athletes and Athletes Support Personnel who are members of the NGB and/or of member of affiliate organisations or licensees of the NGB (including any clubs, team, associations or leagues. You can keep the one year suspensions for clubs as a disciplinary procedure, but ASP obstructing and or tampering with the Doping Control process can be charged with an ADRV e.g. 2.5, 2.9
- 7.8 Where it is determined, that an Athlete or Other Person has a case to answer under Article 2 of the UK Anti-Doping Rules, then UKAD shall as soon as practicable notify the athlete of other Person in writing (the "Notice of Charge"). The Notice of Charge will specify the date of Provisional Suspension.

- 7.9 Anti-Doping Rule Violations arising under the UK Anti-Doping rules shall be submitted for the determination by the National Anti-Doping Panel, in accordance with the NADP Rules, as amended from time to time.